

JANUARY 2026 BREAKFAST AND LUNCH MENU – WA HE LUT INDIAN SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Eggs, Bacon, Whole Grain Toast, Fresh Fruit/Fruit Cup, Boiled Egg, Choice of Milk & Juice Pizza, Whole Grain Garlic Toast, Salad Bar, Choice of Milk	6 French Toast Sticks, Yogurt, Fruit Cup, Choice of Milk & Juice Grilled Cheese Sandwich, Chips, Tomato Soup, Salad Bar, Choice of Milk	7 Banana Bread, Yogurt, Fresh Fruit, Choice of Milk & Juice Corn Dog, French Fries, Salad Bar, Choice of Milk	8 Pancakes, Bacon, Yogurt, Fruit Cup, Choice of Milk & Juice Fish & Chips, Whole Grain Garlic Bread, Salad Bar, Choice of Milk	9 Canadian Bacon & Cheese Breakfast Sandwich, Fresh Banana, Choice of Milk & Juice Spaghetti with Meat Sauce, Whole Grain Corn Bread, Salad Bar, Choice of Milk
12 Whole Grain Bagel with Cream Cheese, Boiled Egg, Fresh Fruit, Choice of Milk & Juice Teriyaki Chicken. Brown Rice, Steamed Vegetables, Fortune Cookie, Salad Bar, Choice of Milk	13 Cheese Omelet, Whole Grain Toast, Fruit, Yogurt, Choice of Milk & Juice Beef Tacos, Refried Beans, Mexican Rice, Salsa, Salad Bar, Choice of Milk	14 Scrumptious Coffee Cake, Yogurt, Fruit, Choice of Milk & Juice Hot Dog OR Chili Dog, Steamed Corn, Salad Bar, Choice of Milk	15 Yogurt Parfait, Boiled, String Cheese, Fruit, Choice of Milk & Juice Macaroni & Cheese, Meatballs, Green Beans, Whole Grain Garlic Bread, Salad Bar, Choice of Milk	16 Choice of Cereal, Oatmeal, String Cheese, Fresh Fruit, Choice of Milk & Juice Pepperoni OR Cheese Pizza, Whole Grain Garlic Bread, Salad Bar, Choice of Milk
19 NO SCHOOL MLK JR. DAY	20 Biscuits & Gravy, Yogurt, Fruit, Choice of Milk & Juice Taco Burger on a Bun, Tortilla Chips, Black Beans, Salsa, Salad Bar, Choice of Milk	21 Mini Waffles with Syrup, Yogurt, Banana, Choice of Milk or Juice Chicken Patty, Mashed Potatoes, Gravy, Whole Wheat Roll, Steamed Vegetables, Salad Bar, Choice of Milk	22 Scrambled Eggs, Bacon, Whole Grain Toast, String Cheese, Fresh Fruit, Choice of Milk & Juice Lasagna, Whole Grain Garlic Bread, Corn on the Cob, Salad Bar, Choice of Milk	23 Choice of Cereal, Oatmeal, String Cheese, Fresh Fruit, Choice of Milk & Juice Cheese or Pepperoni Pizza, Garlic Bread, Salad Bar, Brownie, Choice of Milk
26 Cinnamon Roll, Yogurt, Fresh Fruit, Choice of Milk & Juice Cheese Burger, French Fries, Potato Salad, Salad Bar, Choice of Milk	27 Breakfast Pizza, Fruit Cup, Choice of Milk & Juice Chicken Alfredo, Whole Grain Garlic Bread, Salad Bar, Choice of Milk	28 Blueberry OR Cinnamon Waffles, Yogurt, Fruit Cup, Choice of Milk & Juice Beef Gyro, Greek Fries with Feta, Salad Bar, Choice of Milk	29 Pancake on a Stick, Fresh Fruit, Yogurt, String Cheese, Choice of Milk & Juice Meatloaf, Mashed Potatoes, Green Beans, Whole Grain Roll, Salad Bar, Choice of Milk	30 Choice of Cereal, Oatmeal, Whole Grain Toast, Fresh Fruit, Choice of Milk & Juice Submarine Sandwich, Chips, Cookie, Salad Bar, Choice of Milk

Milk Choice includes non-Fat 1% milk, choice of fruit for breakfast, choice of fruit and fresh vegetable for lunch (fresh or canned). **Menu subject to change due to availability from vender.**

In accordance with Federal Law and US Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, (including gender identity and sexual orientation), disability, or reprisal or retaliation for prior civil rights activity.

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