

JANUARY MENU 2025 – WA HE LUT INDIAN SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WELCOME BACK!!		1 NO SCHOOL WINTER BREAK	2 NO SCHOOL WINTER BREAK	3 NO SCHOOL WINTER BREAK
6 Pancakes, Bacon, Yogurt, Fresh Fruit, Choice of Milk & Juice Spaghetti with Meat Sauce, Garlic Bread, Steamed Vegetables, Salad Bar & Milk	7 Bacon, Egg & Cheese Bagel, Yogurt, Fresh Strawberries, Choice of Milk & Juice Chicken Soft Tacos, Refried Beans, Mexican Rice, Salad Bar, Choice of Milk	8 French Toast, Sausage Link, Yogurt with Granola, Fresh Fruit, Choice of Milk & Juice Chili Dog OR Hot Dog, JoJo's, Green Beans, Salad Bar, Chocolate Chip Cookie, Choice of Milk	9 Breakfast Pizza, Yogurt, Boiled Egg, Fresh Fruit, Choice of Milk & Juice Salmon on a Bed of Brown Rice, Steamed Vegetables, Whole Grain Roll, Salad Bar, Choice of Milk	10 Cereal OR Oatmeal, Whole Grain Toast, Yogurt, Fruit Cup, Choice of Milk & Juice Cheese OR Pepperoni Pizza, Garlic Bread, Seasoned Corn, Salad Bar & Choice of Milk
13 Choice of Whole Grain Muffin, Yogurt, Fresh Kiwi, Choice of Milk & Juice Macaroni & Cheese with Meatballs, Whole Grain Roll, Steamed Vegetables, Salad Bar, Choice of Milk	14 Whole Grain Cinnamon Roll, Sausage Patty, Fruit Cup, Yogurt, Choice of Milk & Juice Beef Nachos, Tortilla Chips, Fresh Salsa, Salad Bar, Choice of Milk	15 Yogurt Parfait with Granola, String Cheese, Whole Grain Toast, Choice of Milk & Juice Grilled Cheese, Tomato Soup, Salad Bar, Choice of Milk	16 Banana Bread, Yogurt, Fresh Banana, Choice of Milk & Juice Indian Taco with Chili, Lettuce, Tomato & Cheese, Salad Bar, Choice of Milk	17 Cereal OR Oatmeal, Whole Grain Biscuit, Yogurt, Fruit Cup, Choice of Milk & Juice Cheese OR Pepperoni Pizza, Garlic Bread, Salad Bar, Ice Cream, Choice of Milk
20 NO SCHOOL MARTIN LUTHER KING DAY!	21 French Toast with Syrup, Bacon, Fresh Fruit, Choice of Milk & Juice Cheeseburger with Silly Fries, Salad Bar, Choice of Milk	22 Cheese Omelet, Whole Grain Biscuit, Sausage Link, Fresh Fruit, Choice of Milk & Juice Turkey & Cheese Sub Sandwich, Soup, Salad Bar, Choice of Milk	23 Pancake on a Stick, Yogurt, Fruit Cup, Choice of Milk & Juice Fish & Chips, Corn on the Cob, Salad Bar, Choice of Milk	24 Cereal OR Oatmeal, Whole Grain Toast, Yogurt, Fruit Cup, Choice of Milk & Juice Cheese or Pepperoni Pizza, Garlic Bread, Salad Bar, Cookie, Choice of Milk
27 Bagel with Toppings, Yogurt, Fresh Fruit, Choice of Milk & Juice Chicken Fettuccine, Garlic Bread, Salad Bar, Choice of Milk	28 Fresh Fruit, Choice of Milk & Juice Quesadilla, Tortilla Chips, Fresh Salsa, Salad Bar, Choice of Milk	29 Yogurt Parfait, Whole Grain Toast, Fruit Cup, Choice of Milk & Juice Turkey, Mashed Potatoes with Gravy, Roll, Veggie, Roll, Salad Bar, Choice of Milk	30 Pancakes, Sausage Link, Whole Grain Biscuit, Fresh Oranges, Choice of Milk & Juice Chicken Nuggets, French Fries, Steamed Corn, Salad Bar, Choice of Milk	31 Cereal OR Oatmeal, Whole Grain Toast, Yogurt, String Cheese, Fruit, Choice of Milk & Juice Cheese or Pepperoni Pizza, Garlic Bread, Salad Bar, Cookie, Choice of Milk

Milk Choice includes a choice of non-fat 1% milk, choice of fruit for breakfast, choice of fresh vegetables & fruit on a salad bar for lunch (fresh or canned). MENU SUBJECT TO CHANGE DUE TO AVAILABILITY FROM VENDER.

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